



ARE YOU GREEN OR GUILTY?

ANSWER SHEET

Where do you dispose of nappies?

We always recommend reusable nappies but if you're using disposable ones, they go in the general waste bin.

What do you do with plastic carrier bags?

The best thing to do with plastic carrier bags is to reuse them and save 5p! But if you are binning any, they need to go with general waste.

What do you do with excess black bags of rubbish?

By recycling and reusing, you should start to reduce your household waste and that's the objective. But if you do have too much, take it to your local recycle and reuse centre (Jenkins Lane, Frizlands Lane, Gerpins Lane or Chigwell Road).

How do you dispose of plastic containers?

You should try to reuse plastic containers. If not, take them to a reuse and recycle centre or put them in your general waste bin.

What do you do with empty crisp packets?

Crisp packets need to go in your general waste bin, which for Barking and Dagenham residents in the grey bin.

How do you dispose of polystyrene?

If you can, take polystyrene to your local recycle and reuse centre. If not, it needs to go in your general waste bin.

What do you do with unwanted coat hangers?

The best thing you can do is donate them to charity, if not that them to a recycle and reuse centre. The last resort is to put them in your general waste bin.

How often is your general waste bin overflowing?

Your bin lid should always fully close – if it doesn't, it's time to get proactive in reducing your waste. Any excess black bin bags need to be taken to a local reuse and recycle centre.

How often do you throw away food because it's passed its use-by date?

If you're regularly throwing away food, you're likely wasting a lot of money. Start writing yourself a meal plan each week and only buying what you need. If you have things close to use-by, cook a meal with them and freeze it.

What do you do with empty glass bottles or jars?

Your best option is to reuse these items. If not, in Barking and Dagenham, glass needs to be taken to a bring bank or recycle centre, and the last result is to put it in your general waste bin.

How do you get rid of unwanted wood?

Wood should always been taken to a recycle and reuse centre. Leaving it on the pavement or dumping it by bins can be classed as fly tipping and see you hit with a hefty fine – and a criminal record.

What do you do with leftover or out of date food?

Composting is the best option for unwanted waste, however if you're not able to do this them it goes in the general waste bin.



Find more inspiration at www.slimyourbin.com